

Press Release

**#BezpieczniNaDrozdze. GLS Poland helps and educates**

**Nearly 2000 drivers who drive under the GLS Poland sign perfected their driving skills on professional training tracks throughout Poland. GLS Poland also equipped delivery vans to make maneuvering easier and safer. Now it is launching a broader campaign for safety in road traffic. In this way the company will support the Foundation for Victims of Road Accidents Amber. This is important: everyone can get involved and help!**

Why GLS Poland decided to organize trainings for couriers? The aim was to improvement of driving on normal roads, in different conditions. Couriers should have the highest the highest skills to cope in all circumstances. Statistically they have to deal Statistically, they are more likely to have to deal with difficult conditions and long distances.

**They honed their skills in cornering, eco-driving and defensive driving**

The training included, among other things, learning how to take corners correctly, including how to work the gas and brake, how to select the right gear, and how to choose the optimal driving path. The training also included exercises on a large skid plate and learning how to brake to avoid an obstacle. A very important element - taking into account the time and nature of the couriers' work - was also learning to drive defensively, i.e. to react to changing road conditions, including related to the weather, road surface condition, traffic density or behaviour of other road other traffic participants.

*- We are a courier company and therefore directly related to road transport. Therefore road safety is of paramount importance to us. Improving driving during such training gives you invaluable experience. In simulated conditions you can check in simulated conditions you can check how the car behaves in various situations and polish your skills - says Monika Przygońska, health & safety manager of GLS Poland. As she adds, the couriers also underwent intensive first aid course: - Thanks to that they can secure the accident site, efficiently assess the condition of the injured, and if necessary perform resuscitation.*

The couriers also practiced eco-driving. The issues mainly concerned how to reduce operating costs without compromising transport efficiency.

### **Maneuvers matter too**

Courier driving means frequent stops and relatively many parking maneuvers. This includes reversing, often in crowded areas with lots of other cars or pedestrians. The design of delivery vans doesn't make it any easier, because the field of view is narrowed by the side mirrors. A passenger car driver has incomparably more comfort in this respect (but you still have to be careful).

*- We have decided to equip the courier cars running in our colors with equipment making it easier to perform such manoeuvres in complete safety,* emphasises Monika Przygońska.

The courier company has subsidised the installation in vehicles (belonging to its transport partners partners) a complete set consisting of a camera, display and sensors. In total, 1777 cameras and 1568 sensors were installed.

### **Take part in the action**

Now GLS starts with the action #SafeOnTheRoad. It is addressed to all drivers. The goal: to promote good habits and safe rules in road traffic and help victims of road accidents. For a few weeks GLS will publish in its social media practical tips for drivers and encourage sharing posts with the hashtags #BezpieczniNaDrodze and #GLSPoland. When internet users collect 1,000 such shares, the company will donate PLN 10,000 to the AMBER Foundation.

*- We encourage all drivers to drive safely, not only professional drivers. It is worth promoting good habits behind the wheel. This is important for all road users, including cyclists and pedestrians. At the same time, through the campaign, we support people injured in.*

Everyone can take part in the Safe on the Road campaign. How to do it?

- Go to the fanpage of GLS Poland on Facebook or Instagram and find the action post, which is located at the top. Share the action post on your profile with Share the post with the hashtags **#BezpieczniNaDrodze** and **#GLSPoland**.
- **Hashtags are important** because **the number of posts** is crucial.
- **1,000 such posts/shares** mean that GLS donates **10,000 PLN to the**

**Foundation for Victims of Traffic Accidents AMBER.**

The campaign lasts until June 19, 2022.

**Details can be found on the GLS Poland website in the News tab and in GLS Poland social media.**



For more information please visit [gls-group.com](https://gls-group.com) or contact us:

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### **About GLS Group**

GLS Group is a leading provider of national and international parcel services. The company provides its customers in 41 countries with reliable, high-quality and personalized services, including express and freight services. Thanks to the company's extensive international network and good knowledge of local markets, GLS customers can expect the same comprehensive, flexible and personalized service throughout Europe and other parts of the world. GLS also operates through subsidiaries in Canada and on the West Coast of the United States. The GLS network includes 71 central and regional transshipment points and approximately 1,500 warehouses, served by approximately 31,000 end-to-end delivery vehicles and 4,000 long-haul trucks. GLS employs around 21,000 people. In 2020/21, the company achieved record revenues of €4.5 billion, delivering 840 million parcels despite global difficulties.